

# Trial Work Period (TWP)

## 2025 Fact Sheet on Work Incentives



### What it is:

- For Social Security Disability Insurance (SSDI) beneficiaries, work incentives are available to plan for future benefit needs.
- These work incentives occur sequentially along a timeline, allowing people to test their earning capacity.
- The Trial Work Period (TWP) will help SSDI beneficiaries in their efforts toward employment by allowing them to test their ability to work to their fullest potential while still receiving their SSDI cash benefit.

### How it helps:

The Trial Work Period (TWP) allows you nine months during which you can initially test your ability to work to your fullest potential without restrictions on how much you can earn. During these nine months, you can work and receive your full SSDI benefit payment no matter how much you earn.

### How it works:

The TWP months (also called service months) are nine months, not necessarily in a row, during a 60-month (5-year) rolling period. In 2025, each month you earn gross wages of \$1,160, you have used a TWP month. The amount of earnings for TPW changes each year. Prior to 2025, the amount was less.

It is important to consult with a Community Work Incentives Coordinator and the Social Security Administration (SSA) to understand if you are using TWP months or may have used them in the past few years. After the nine months of TWP are used, the SSA will also contact you to review your work activity. This is called a Continuing Disability Review. When you have used all the TWP months, an Extended Period of Eligibility (EPE) begins, and other work incentives are available during the EPE.

A Community Work Incentives Coordinator can help you understand the TWP, how to track your TWP months, and other work incentives that apply to you.

### How to find more information and help:

#### Disability Benefits 101

[Ky.db101.org](http://Ky.db101.org)

#### Ticket to Work Helpline

1-866-968-7842

#### Work Incentives Planning & Assistance (WIPA)

#### Center for Accessible Living

844-689-6620 (voice)

888-813-8652 (TTY)

[wipa@calky.org](mailto:wipa@calky.org)

#### Work Incentives Planning & Assistance (WIPA)

#### Goodwill Industries of KY

866-336-3316 (voice)

866-833-2976 (TTY)

[workincentives@goodwillky.org](mailto:workincentives@goodwillky.org)