

University Center for Excellence in Developmental Disabilities

Consumer Advisory Council

Meeting Minutes Monday, December 6, 2010

Members present:

Sandra Duverge Pat Seybold Jeff Edwards Harold Kleinert
Alan Wells Kerri Wells Jason Jones Lee Gordon
Claudia Johnson Hazel Forsythe Karen Boudreaux Chastity Ross

Guests and Staff: Daniel Livingston, Marybeth Vallance, Kathy Sheppard-Jones, Milton Tyree, Karen Cinnamond

Welcome and Introduction

Alan Wells welcomed the members in attendance and called the meeting to order.

Review and Approval of August Minutes

The minutes from the August CAC meeting were reviewed, voted on and approved.

AUCD Update – Council on Consumer Affairs/CAC Member Interviews Status Shannon Caldwell, CAC-COCA liaison, called in and gave his report as COCA representative. He reported that AUCD held their annual meeting Oct. 30 - Nov. 3 in Crystal City, VA. The venue was changed this year due to a pending lawsuit and accessibility issues with the former location. Shannon reported that the AUCD meeting had record attendance this year, and that issues discussed included federal spending and the recent shift to Republican control in the House of Representatives. For more information, contact Shannon at (606) 330-1702 (home), (606) 524-6670 (cell), or email sigc14@windstream.net.

Transportation Provider Training Update

Marybeth Vallance gave an update on transportation provider training, which is one of HDI's Core Workscope goals. She reported that John Given, the director of Risk Management at LexTran, has been working closely with HDI and members of our CAC to identify and solve disability-related issues in public and para-transit. HDI representatives were recently able to speak at a LexTran meeting to 6 new drivers and 2 trainers to discuss things to be aware of. Shannon Caldwell, who was in attendance at the LexTran meeting, added that some of the issues discussed included how to approach individuals with disabilities and the importance of helping to orient people to their surroundings as they get off the bus. Marybeth reported that HDI's Driver Disability Awareness video was shown at the meeting and was very well received. Claudia Johnson

inquired if there were plans to distribute the video training to the rest of the state. Marybeth responded that the video would continue to be used for new driver training at LexTran, and that the video could be used for other regions as well, if training opportunities were available.

KY Supported Employment Training - Self Advocate/Family Page

Milton Tyree reported on the status of the new Family and Self-Advocate info page on the Supported Employment Training Project's website. He said that one of the biggest issues with supported employment is that services are often not what they should be, and that people often don't know what they can, or should, expect. Milt, along with members of the CAC, formed a workgroup a year ago whose goal was to create ways to educate individuals and family members about the kinds of services they should be receiving with supported employment. Presenting information about supported employment in person to various audiences is one approach, and the family/self-advocate info page was a second strategy that came out of the workgroup. Features of the new webpage include a Frequently Asked Questions page, supported employment success stories, and links to related information, such as a list of questions to ask employers and supported employment providers. Claudia Johnson noted that there is currently draft SCL waiver language in the works to double the supported employment waiver rate, while reducing the adult day program rate, and that this measure will likely meet a lot of resistance, so it will need a lot of support from self-advocates and family members. The CAC then discussed different ways of disseminating information to self-advocates and the general public about these issues. Milt noted that presenting at already-scheduled meetings is a good way to ensure an audience, and Jason Jones commented that new communication routes, such as social networking sites like Facebook, could also be very helpful. For more information about supported employment, contact Milton Tyree at mtyree@uky.edu.

Project Spotlight: Migrant Farmworker Grant

Karen Cinnamond of HDI presented information about the Migrant Farmworkers with Disabilities Employment Partnership, whose goal is to work with the Office of Vocational Rehabilitation to ensure that migrant and seasonal farmworkers with disabilities have access to the services that they need. For more information, please refer to the complete presentation in *Appendix A*.

HDI Graduate Certificate Update

Kathy Sheppard-Jones reported that there are currently 12 students from a variety of educational backgrounds (including school psychology, public policy, and rehabilitation counseling) enrolled in the on-campus graduate certificate program. She also announced that the online version of the certificate program had four students in the fall, and will be adding an additional four students in the spring semester.

Supported Higher Education Project

Kathy Sheppard-Jones also announced that HDI has received a 5-year, \$2.1 million grant for the Supported Higher Education Project, which aims to establish solid relationships with institutions of higher learning in Kentucky and assist at least 150 students with

disabilities who wish to pursue a postsecondary education over the next five years. SHEP will expand on the work begun by the Postsecondary Inclusion Partnership, a 3-year project at HDI aimed at including students with intellectual or other disabilities in postsecondary education.

Core Indicators Workgroup Recommendations

Kathy Sheppard-Jones reported on the recommendations made by the Core Indicators Workgroup, which focuses on making changes in four key areas for individuals receiving SCL waiver services.

- 1. Employment: increase the number of SCL recipients with jobs by 5%
- 2. Health: increase the number of SCL recipients who get at least 30 minutes of exercise three times a week by 5%
- 3. Medicine: Decrease the number of SCL recipients receiving psychotropic medication by 10%
- 4. Friends: increase the number of SCL recipients who report having friends other than family members or care providers by 10%

HDI Recreation Update and Small Group Advisory Board Work

Kathy Sheppard-Jones announced that one of HDI's Core Workscope objectives is to work with at least 10 organizations to increase the availability of accessible recreational activities. She mentioned several current initiatives, including an online recreation manual (currently being updated for HDI's website), a needs assessment for recreational organizations, a spring seminar, working with KY Fish and Wildlife to create accessible boating and fishing opportunities, and accessible activities at the UK Arboretum, including gardening, nature walks, etc. Kathy then asked for CAC participation in deciding which organizations should receive the needs assessment, and how to best market the Arboretum activities to the public.

Who gets the needs assessment?

Continuing/Adult education organizations, larger churches with lots of recreational activities, gyms, KY Fish/Wildlife, YMCAs, 4-H, state parks, Ag Extension offices, Farmers Markets, Mayor's Commission on Disabilities

Best Ways to Spread the Word about Arboretum activities?

Lexington Disability Expo (Heritage Hall), Staff Day at UK, parent support groups, Latitude Artist Community, Lexington Family Magazine, Student Disability Center, DSACK, Autism Society of the Bluegrass, Fayette Co. Schools ("Garden for Every School" program), Leadership Lexington, KY Proud, possible TV/newspaper exposure.

Update on DD Network Joint Target

Harold Kleinert reported that, of the 2010 Annual Joint Meeting Targets from the joint DD Network meeting in August, transportation was voted the highest priority, specifically ensuring that people with disabilities in rural areas have access to reliable, affordable transportation. The DD Council asked the CAC to appoint 2-3 advocates to work with members of Protection and Advocacy and the DD Council on transportation

issues. Shannon Caldwell, Paula Caldwell, an Alan and Kerri Wells all volunteered to work with the DD Network on this initiative.

Election of New CAC Vice Chair

Of the eligible candidates on the CAC, Chastity Ross was unanimously voted to the Vice Chair position.

Setting Dates for Next Year's CAC meetings

Dates for next year's CAC meetings were set as follows: Monday, March 7, 2011 Monday, June 6, 2011 Friday, August TBA (Joint DD Network Meeting) Monday, December 5, 2010

Agency Updates

Claudia Johnson, *Department of Behavioral Health, Developmental and Intellectual Disabilities*, reported that the Department is currently working with Medicaid to amend the SCL waiver, with hopes to have a preliminary agreement in January.

Lee Gordon from the *Commission for Children with Special Health Care Needs* reported that the previous executive director of CCSHCN has retired and that Eric Freelander is serving as the interim executive director until a new director can be appointed. He also reported that the Commission was still looking for support parents to answer questions and help other parents. For volunteer information, contact Debbie Gilbert (Louisville) at (502)595-4459 or Sondra Gilbert (Owensboro) at (270)852-2918.

Jason Jones from the *Office of Vocational Rehabilitation* reported that advisory focus groups will be coming up soon, and that, as expected, OVR positive outcomes were down significantly in the past year, partially due to budget cuts and to order of selection criteria.

Pat Seybold, *KY Council on Developmental Disabilities*, announced that there are three public forums left in 2010: December 6 in Louisville; December 13 in Madisonville; and December 16 in Somerset. She also reported that there has been a lot of interest in the aging caregiver program. SPEAK of Louisville, a program for direct support personnel, has expanded to Bowling Green and Owensboro. The Big Brothers/Big Sisters program is going well, the Best Buddies program is on 13 campuses and should be completely self-sufficient next year. Pat announced that the Emergency Preparedness program is ramping up again, as is the KY Self Advocates for Freedom Joint project.

Sandra Duverge, *FIND of Louisville*, reported that FIND did not receive new federal funding, but did receive funding from United Way of Louisville. FIND will now focus less on training and more on 1-on-1 support with individuals.

New Business and Announcements

No new business.

Special Recognition

Alan Wells was awarded a plaque for his service as CAC president for the past year.

The meeting was adjourned.

MARK YOUR CALENDARS - UPCOMING 2011 CAC MEETING DATES:

Monday, March 7; Holiday Inn North, Lexington

Monday, June 6; Holiday Inn North, Lexington

Friday, August TBA (Joint Meeting with Protection & Advocacy and the DD Council) 9:00 AM to 2:00 PM; Embassy Suites, Lexington

Monday, December 5; Holiday Inn North, Lexington